



Precision Point PT

HOW CAN DRY NEEDLING HELP YOU?

There are many benefits of dry needling because it manages soft tissue inflammation and positively influences the function of your nervous system!

Some of the benefits you will experience with dry needling treatment:

- Improved blood flow
- Release of tension in muscles
- Decreased pain
- Increase in range of motion
- Increase in muscle strength
- Improved daily function

