



IS DRY NEEDLING THE SAME AS ACUPUNCTURE?

NO! DRY NEEDLING IS NOT ACUPUNCTURE

Acupuncture uses eastern medicine principles like meridians and qi that were developed thousands of years ago to treat physical, mental and emotional pathologies.

Dry Needling utilizes the western medicine principles like neurology, physiology, and anatomy to treat neuro-physiological pathologies like decreased mobility, strength, function and pain.

While Acupuncture and dry needling may utilize the same monofilament needle, their ideology and treatment approach is significantly different.

